

WEST GOSHEN



Township Newsletter • Volume 20 No. 1

A Green Idea: Beating the Ice

West Goshen Township has added a new weapon in its arsenal against ice: beet juice. Dry salt is effective at lowering the melting temperature of ice to about 15 degrees Fahrenheit—that is, it will melt ice at temperatures of 15 degrees or above. De-sugared beet molasses, when added to dry salt or brine, can melt ice at temperatures as low as -25 degrees, while adding traction, acting as a corrosion inhibitor, and not harming the environment like other brine additives. The beet juice solution is not slippery and doesn't stain roads or cars. The salt brine and beet juice combination provide optimal results, allowing maximum melting while releasing the least amount of salt onto the roadways. Because the brine solution does not need to be spread as heavily as road salt, trucks do not need to refill as often, meaning additional fuel savings.

West Goshen Township Goes GREENER

- Hybrid vehicles.
- High-efficiency lights.
- Beet juice as an ice-melting additive.
- Replacing chlorine with a UV treatment of sewage.
- Forestry Stewardship Council certified paper for the Township Newsletter.

These are just some of the green initiatives taken recently by West Goshen Township in an effort to save energy, protect the environment, and reduce expenses.

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In October 2008, administrative offices in West Goshen Township switched to a four-day work week, staying open on Mondays through Thursdays from 7:00 AM until 5:00 PM. (See the Fall 2008 Issue of the West Goshen Township Newsletter at www.westgoshen.org/Newsletter/Newsletters/WGTFall08.pdf.) With the change in hours, the Township stopped scheduling room use for weekends (except for occasional Township meetings or events), allowing heat and air conditioning usage, as well as lighting, to be reduced from Thursday evenings until Monday mornings. In 2008, the average daily electrical use for the Municipal Complex was 4,212 kilowatts. In 2009, usage dropped to a daily average of 3,303

kilowatts. In December 2009, office lights throughout the municipal complex were replaced with high-efficiency dimmable LED's. For the first five months of 2010 average daily electrical use dropped from 3,760 kilowatts to 3,195 kilowatts.

Savings from the new schedule include less setup and cleanup on road and parks projects, allowing crews to work continuously for longer hours. Because crews have to drive to work sites less frequently, fuel consumption for Public Works vehicles decreased between 2008 and 2009.

The township is also saving gasoline by replacing some of the vehicles in its fleet with hybrids. According to Township Manager Casey LaLonde, these newer vehicles typically double the mileage of the



Township Manager Casey LaLonde with one of West Goshen's hybrid vehicles

older vehicles, from 16-18 miles per gallon to 33 miles per gallon.

The new Public Works Building also incorporates some of the latest cutting-edge energy-saving technologies. Kalwall panels will allow in enough light to illuminate the garage area, eliminating the needs for additional daytime lighting while providing superior insulation. The building will have more efficient floor heating, as opposed to the older, less efficient forced air heat. The floor will sit on an insulated slab, to minimize any heat escape.

Energy savings technologies are not limited to municipal buildings and vehicles. Between 2000 and 2005, red traffic lights were replaced with high efficiency LEDs, with the green ones replaced between 2006 and 2009 and the yellow ones to follow. According to Township Engineer Richard Craig, LED traffic lights are 40% more efficient than their incandescent counterparts, and require less maintenance

Continued on page 6...

Subdivision and Land Development Report

The following plan has been approved for development:

Green Lawn Fertilizing Inc. –

The proposed plan concerns a 25 lot residential subdivision located on the west side of Penn Drive, just north of the Route 322 bypass.

The following plans remain under review:

Jones Subdivision – The purpose of this plan is to subdivide an existing lot into two residential lots, and constructing a single family dwelling on lot 2. The property is located at 1127 Grove Road.

Spaz Beverage Land Development –

The plan provides for the consolidation of three nonconforming lots into one lot to add an additional seven parking spaces for Spaz Beverage located at 1015 West Chester Pike.

South Concord Road – A proposed subdivision for 23 lots, including twenty single family dwellings and three open space lots. The site is located at the rear portion

of Rolling Green Memorial Park, zoned R-3 Residential.

Liberty Tool – Land development plan for a 26,000 square foot industrial supply warehouse facility with associated parking and stormwater management facilities, located at 1005 Saunders Lane.

Goshen Leisure Development II –

The proposed plan reflects 164,150 square feet of flex office and warehouse buildings to be located at 21 Hagerty Boulevard.

Chester County Hospital: West

Pavilion – The land development proposes a 71,715 square foot hospital addition for the Chester County Hospital located at 701 East Marshall Street.

415 Goshen Road Subdivision –

The proposed plan will subdivide the property, located at 415 Goshen Road, into five single family lots.

The Woodlands at Greystone –

The submitted plan proposes for the development of 598 dwelling units pursuant

to the Flexible Design Conservation District regulations for a 446+ acre property located along Pottstown Pike, Phoenixville Pike, and the Route 322 Bypass (commonly referred to as the Jerrehian tract).

Hickman Land Development – Land development for property located at 352 Snyder Avenue which proposes to add a roof to a 2,048 square foot partially completed garage, and construct an additional 3,200 square foot garage. Both garages are to be used for the storage of vehicles for a septic cleaning business.

Roslyn Swim Club – Land development proposing to convert the existing 1,200 square foot roofed deck into a locker room/bath house facility, construct a new 1,200 square foot roofed deck, install sidewalk access to the new facilities, including a handicap accessible sidewalk to further enhance and make more useable the existing facility.

A plan may be viewed, by request, by contacting West Goshen Township. ★

township information

BOARD OF SUPERVISORS

6 year elected term

Edward G. Meakim, Jr., *Chairman*
Dr. Robert S. White, *Vice-Chairman*
Patricia B. McIlvaine, *Member*

ADMINISTRATION

Casey LaLonde, *Township Manager*
Jeanne M. Denham, *Finance Director*
Raymond H. Halvorsen, *Director of Public Works*
Richard J. Craig, *Township Engineer*
J. David Woodward, *Streets Superintendent*
Kent Wise, *Parks Superintendent*

WEST GOSHEN POLICE

1025 Paoli Pike, W.C., 19380
Police 911 or 610.696.7400
Fax 610.696.3935
police@westgoshen.org
Michael J. Carroll, *Chief of Police*

SEWER TREATMENT PLANT

848 S. Concord Rd., W.C., 19382
610.696.0900
Fax 610.429.9360
John M. Scott, *Sewer Plant Manager*

PARK & RECREATION BOARD

Nancy Pine, *Chairman*
Gerald L. Napiecek, *Vice-Chairman*
Michael A. Pillagalli, *Secretary*
Robert M. Cifone

Mary Lou Enoches
Kenneth W. Lehr
Edward T. Smith
Joseph Waters
Kent Wise
Leslie K. Bair, *Alternate*
Megan Zug, *Alternate*

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James J. O'Brien, *Vice-Chairman*
Monica Drewniany
Robert Holland
Jeffrey S. Lieberman
Carrie Martin
Michael P. McKie
Salvatore Triolo
John T. Wildrick

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Joseph DeFelippes, *Vice-Chairman*
Grant K. Middlestead, *Member*
Scott T. Cullinan, *Alternate*

SEWER AUTHORITY

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Michael T. Arnold, *Vice-Chairman*
Kevin M. Snoke, *Secretary*
John L. Windle, *Treasurer*
Frank J. Biasi, *Assistant Secretary*
Kenneth W. Fuller, *Member*
David R. Johnson, *Member*

THE FRIENDS OF WEST GOSHEN PARKS, INC.

Non-profit group assisting the Park and Recreation Board; meets bimonthly
John Herley, *President*
Mary Ann Fell, *Vice-President*
(Vacant), *Secretary*
(Vacant), *Treasurer*

AUDITORS

Hugh J. Purnell, Jr., *Chairman*
William Gale, *Secretary*
Louis J. Mayer, *Member*

TAX COLLECTOR

William R. Keenan

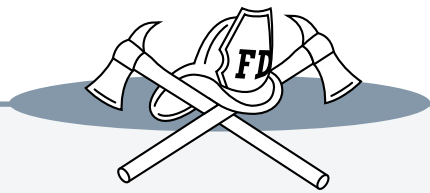
TOWNSHIP PARKS

Barker Park
Falcon Lane by Westtown Way

Coopersmith Park
Spring Lane, off West Chester Pike

Lambert Park
1145 Pottstown Pike

West Goshen Community Park
Fern Hill & North Five Points Roads



Safety Tips by Fire Marshal Andrea Testa

ConsumerWatch.com is a comprehensive database featuring information and news alerts about thousands of products currently on the market or previously available worldwide. The Web site is dedicated to keeping the public informed about product recalls, manufacturer defects, and safety concerns associated with products ranging from household appliances, lawn equipment, and vehicles, to children's toys and food.

The resources available on ConsumerWatch.com are provided to offer visitors free and trustworthy information to protect consumer safety. The Web site is continually updated with current recalls, defective product information, and consumer alerts to keep visitors informed and educated.

ConsumerWatch.com closely follows updates released by the U.S. Consumer Product and Safety Commission (CPSC), an independent government agency that protects Americans from harmful products that could cause serious injury or death. The CPSC creates certain product safety standards that in some cases are not upheld by manufacturers. ConsumerWatch.com is committed to informing the public when safety guidelines have been compromised to ensure the information is available to consumers.



The Recall section of ConsumerWatch.com is a source for recent news concerning product recalls that pose a safety hazard to consumers. By providing visitors with recall information in an easy-to-read and comprehensive format, safety issues can be communicated more easily to protect consumers and help prevent injury.

The Consumer Alerts section of ConsumerWatch.com is updated regularly with the latest information concerning product news, safety concerns, legal settlements, and other alerts for visitors to stay safe and up-to-date with current news topics.

ConsumerWatch.com also has a page devoted to fire safety (www.consumerwatch.com/safety/fire-safety) with information such as home fire statistics, fire safety tips, and subject areas such as smoke alarms, cooking safety, heating safety, and electrical concerns. ★

Now is the Time to Renovate Your Lawn

Did you know that Labor Day (early September) is the best time of year to renovate your lawn? Core aerate, then overseed a closely mowed lawn with a fine fescue grass seed mixture and spread a slow-acting, organic fertilizer. Fine fescues require less fertilizer and water. Slow-release fertilizers are less water-soluble and therefore less polluting to streams. Less compacted soils absorb more rainwater. Source: Chester-Ridley-Crum Watersheds Association ★

Public Township Meetings

Board of Supervisors (4:00 PM, first and third Wednesday of each month, except where otherwise noted): August 11; September 8; October 13 and 27.

Park and Recreation Board (7:00 PM, third Wednesday of each month, except in December): (no August meeting); September 15; October 20.

Planning Commission (7:00 PM third Tuesday of each month): August 9; September 21; October 19.

Sewer Authority (7:30 PM, first Wednesday of each month): August 4; September 1; October 6.

Zoning Hearing Board (7:00 PM, first Thursday after the second Wednesday of each month or as needed): August 2; September 9; October 14.

All meetings are held in the Township Administration building except the Sewer Authority, which is conducted at the Sewer Treatment Plant at 848 South Concord Road. There is a public comment period at each meeting. Zoning Hearing Board Meetings may be cancelled or added as needed. Check www.westgoshen.org for updates.

Volunteer Opportunities

The Chester County Library System is looking for citizen advocates. For more information, visit www.ccls.org/advocacy.

The Chester County Department of Aging Services has numerous senior outreach opportunities. Email lmcmillan@chesco.org or call 610-344-4546 to volunteer, or sponsor a senior citizen at www.chesco.org/aging. ★



ROONIE SAYS...

As you may be aware, West Goshen Township has a dogpark at Robert E. Lambert Park (Pottstown Pike near Greenhill Road). If you are thinking about bringing your dog there for the first time, here are some factors you might want to consider:



- The entrance for the parking lot is about ¼ miles south of the Wawa on Pottstown Pike. The Wawa parking lot is private property for customer parking, and the Robert Lambert Park lot provides closer access to the dogpark.
- You may want to bring your dog, if possible, on weekdays before 5:00 PM. When people come home from work, they tend to take their dogs to the dogpark, making 5:00 to 7:00 PM peak hours. Dogs visiting for the first-time should go when the park is less busy, so they can acclimate themselves with the surroundings around fewer dogs. Keep in mind, however, that the dogpark is closed between 10:00 and 11:30 AM on Mondays through Thursdays for maintenance.
- Familiarize yourself with the rules before entering the dogpark. Rules are posted on signs outside the dogpark, under the pavilion, and at www.westgoshen.org/Departments/Events/Dogpark_Rules/dogpark_rules.html.
- Bring your dog only if your dog is prepared to go. If your dog shows aggressive tendencies towards other canines or people, he or she may not be ready to go to the dogpark.
- Talk to your veterinarian about kennel cough or other communicable dog diseases before visiting the dogpark. (For more information about kennel cough, see the Summer 2009 Issue of the West Goshen Township Newsletter at www.westgoshen.org/WGTSummer09.pdf.)

With a little advance preparation, you can make sure your visit to Rooney's Canine Corner is safe and enjoyable for you and your pet.

Roonie, the West Goshen Township Westie and namesake of Rooney's Canine Corner at Robert E. Lambert Park, offers advice for dog owners and users of the dogpark in each issue of the Township Newsletter. ★

A Harvest Day Primer



Children can have their faces painted, and families can guess the weight of West Goshen's largest pumpkin at the Harvest Festival.

Harvest Day, West Goshen's largest annual festival will be held on Sunday, October 24th. Here is information you need to know if you plan to attend Harvest Day:

LOCATION: Harvest Day is held at West Goshen Community Park, N. Five Points Road and Fern Hill Road. It is a rain or shine event.

TIME: 2:00 PM – 4:00 PM.

PARKING: Parking is permitted in the main lot as space permits. Additional parking is available at the West Goshen Community Park Upper Lot, as space permits. (For a map to the West Goshen Community Park Upper Lot, see page 7 of the Spring Issue of the West Goshen Township Newsletter at <http://www.westgoshen.org/WGTSummer09.pdf>.)

ACTIVITIES: Children and their parents can take a hayride to the pumpkin patch and pick a pumpkin to bring home. At the picnic pavilion, kids can decorate their pumpkins, have their faces painted, win a prize by guessing the weight of the Township's largest pumpkin, and have some snacks and cider or cocoa. Children can enjoy performers from Makin' Music while waiting for the haycart.

SCARECROW CONTEST: Families can enter the scarecrow contest. Bring old clothes—we'll provide the straw to stuff the scarecrow with. For a head, use a pumpkin, mask, pillow case, or stocking stuffed with straw. Judges will pick the best scarecrows at 3:45 PM. Everyone who participates gets to take the scarecrows home with them.

COST: Harvest Day is FREE of charge. Guests are encouraged to bring donations of

toiletries (soap, toilet paper, deodorant, laundry detergent, etc.) or new clean clothes (especially needed: socks and underwear) for the Veterans Affairs Medical Center in Coatesville.

WHO IS ELIGIBLE TO PARTICIPATE: Children who live in West Goshen Township may take a hayride to the pumpkin patch and bring a pumpkin home. West Goshen families may participate in the scarecrow contest. Children and adults living in West Goshen Township are eligible for prizes by guessing the weight of the Township's largest pumpkin. Snacks and beverages are available to all guests.

VOLUNTEERS: Volunteers help set up the pumpkin patch, decorate the picnic pavilion, serve snacks and beverages, and clean up. If you are interested in volunteering to help with Harvest Day, please contact The Friends of West Goshen Parks at 610-692-2550.

DECORATIONS: Some of the perishable decorations (corn stalks, gourds, etc.) may be available at the end of the Harvest Festival for you to take home. Please check with volunteers wearing West Goshen Park and Recreation Board or The Friends of West Goshen Parks shirts if you are interested in any of these decorations.

REGISTRATION: Information and registration is available online at www.westgoshen.org/Departments/Events/Harvest_Festival/harvest_festival.html.

FOR MORE INFORMATION: Contact the West Goshen Park and Recreation Office at 610-696-5266 or at klehr@westgoshen.org. ★

Visit New York City this Fall

The West Goshen Park and Recreation Department continues its tradition of offering different ways to view the Big Apple this fall, with the return of our most popular bus trips!

■ On **Monday, December 6th**, enjoy the Radio City Music Hall Christmas Spectacular featuring the Rockettes. Then spend time in New York City on your own, before rejoining the group for a family-style Italian dinner at Carmine's prior to returning home. \$149 per person includes round-trip transportation, a ticket to the show, dinner, and



driver and server tips.

■ If you'd like to spend a little more time on your own in New York City, then take the bus to the Times Square area on **Saturday, December 11th** and shop, sightsee, hit the restaurant scene, or just enjoy the Big Apple during the holidays. \$35 per person includes round-trip transportation and driver tip.

■ Space is still available to see the Philadelphia Phillies take on the New York Mets at Citi Field for a matinee game on **Saturday, September 11th**. See if the Phillies can take steps towards the playoffs in this heated rivalry, and commemorate the date that

changed New York City and the nation. \$50 per person includes round-trip transportation, a ticket to the game, and driver tip.



Information and registration forms for any of these trips are available at www.westgoshen.org, or by calling the West Goshen Park and Recreation Office at 610-696-5266. Registration is based on receipt of a completed registration form and payment on a first-come, first-served basis. Due to the popularity of these trips, early registration is recommended. ★

Help Put Together the FALL MOVIE SCHEDULE



The Fall Movie series has been set. Well, sort of. The West Goshen Park and Recreation Department asks for your help in scheduling the final movie to be shown in the series.

Movies begin on Saturday evenings at 7:30 PM at the J. Leon Hagerty Amphitheater at West Goshen Community Park. In the event of rain, movies would be shown in the West Goshen Township Administration Building.

Scheduled movies this year include:

September 25th: Alice in Wonderland (PG). Tim Burton's unique and dark take of the classic children's story of a young lady who falls through a rabbit hole into a world of fantasy gone awry. Featuring Johnny Depp as the Mad Hatter.

October 2nd: Iron Man 2 (PG-13). Tony Stark, a.k.a. "The Iron Man" faces enemies and threats from the U.S.



© Walt Disney Pictures



T.M. & © Paramount Pictures Corporation

government in his effort to use his creation giving him superhuman powers to fight crime.

October 9th: Grease Sing-a-long* (PG-13). Join the fun and croon out along with John Travolta and Olivia Newton-John with favorites from one of America's most beloved musicals.

October 16th: Viewers Choice. West Goshen residents can vote for the final movie to be shown in the series at www.westgoshen.org/Departments/Events/Movies/movies.html through Friday, October 1st. Only one ballot will be accepted per email address. Ballots will also be available at the September 25th showing of **Alice in Wonderland**. Movie choices are:

- **Cloudy with a Chance of Meatballs (PG)**
- **How to Train Your Dragon (PG)**
- **The Princess and the Frog (G)**
- **Where the Wild Things Are (PG)**

All movies are FREE OF CHARGE. Guests to these events are encouraged to bring a dry good item (e.g., soap, toilet paper, laundry detergent, shampoo, etc.) to be donated to the West Chester Food Cupboard and the Coatesville Veterans Affairs Medical Center for distribution to low-income families and veterans in Chester County. ★

* As of the publication date of this Newsletter, a release date has not been set yet by Paramount Pictures for this movie. In the event that "Grease Sing-a-long" is not available, Walt Disney's "Oceans" will be shown in its place. Visit www.westgoshen.org/Departments/Events/Movies/movies.html in September for movie determination.

Save Energy and Money by Making Your Home Greener

By making your house more energy efficient, you can do your part to help the environment while saving yourself money. Less energy used means fewer carbon emissions and lower energy bills. Here are some simple steps you can take at home to reduce energy use, courtesy of PECO Energy:

Microwave your meals.

A microwave uses 2/3 less energy than a stove and keeps the kitchen cooler in the summer.

Use your dishwasher.

Dishwashers use less water than washing dishes by hand. Be sure the dishwasher is full, and air-dry or towel-dry dishes for more savings.

Keep your refrigerator full. A full refrigerator doesn't have to work as hard to stay cool and will not warm up too fast when the door is open.

Close and open your curtains.

During the summer, close curtains on east, south, and west facing windows to block the heat of the sun, and keep these curtains open on these windows in the wintertime to let in the sun's warmth.

Unplug unnecessary appliances.

Many electronic devices use power even when turned off. When feasible, unplug any appliance or device when not in use.

For more home energy saving ideas, visit www.pecosmartideas.com. PECO customers can also find out details about rebates for upgrades to energy efficient appliances.

Homeowners wishing to upgrade to high-efficiency windows or doors may be eligible for a federal tax credit of 30% off qualifying products (up to a \$1,500 tax refund) purchased through December 31, 2010. For more information, visit www.energystar.gov/index.cfm?c=windows_doors.pr_taxcredits. ★

West Goshen Township Goes Greener *continued from cover.*

due to their longer expected working life.

Some of the greener practices adopted in West Goshen Township don't have anything to do with saving energy, but reflect a dedication to improved environmental stewardship. By filtering wastewater treatment with ultraviolet light instead of chlorine, discharges at the sewer treatment plant no longer contain the potentially harmful chemical. Using beet juice to help with ice removal reduces the amount of harmful salt being applied to roads. (See sidebox on Page 1.) Even the West Goshen Township Newsletter has gone greener, featuring paper certified by the Forestry Stewardship Council as containing content from well-managed forests, controlled sources, and recycled

wood or fiber. Most departments in the Township have also reduced paper by making forms available on the West Goshen website or by increasing the use of electronic media for communications, such as the Park and Recreation Department's electronic newsletter "The Rec Room."

According to Township Manager Casey LaLonde, "As energy prices rise and municipal budgets are strained, West Goshen Township seeks new ways to stretch tax dollars to provide the most efficient delivery of services possible. Use of hybrid vehicles, LED lights, alternative ice-melting materials and other green technologies makes West Goshen Township a better environmental steward." ★

ROAD RULES

BACK TO SCHOOL

In each issue of the Township Newsletter, the West Goshen Police Traffic Safety Unit will provide information for drivers, focusing on sections of the Pennsylvania Vehicle Code or on other traffic safety issues.

With a new school year approaching, motorists are reminded to be vigilant of school children and school buses. The Pennsylvania Vehicle Code provides strict penalties for drivers who fail to obey speed limits in school zones and stopped school buses. The Vehicle Code reads in part:

3345. Meeting or overtaking school bus.

(a) DUTY OF APPROACHING DRIVER WHEN RED SIGNALS ARE FLASHING – Except as provided in subsection (g), the driver of a vehicle meeting or overtaking any school bus stopped on a highway or trafficway shall stop at least ten feet before reaching the school bus when the red signal lights on the school bus are flashing and the side stop signal arms are activated under section 4552(b.1) (relating to general requirements for school buses). The driver shall not proceed until the flashing red signal lights are no longer actuated. In no event shall a driver of a vehicle resume motion of the vehicle until the school children who may have alighted from the school bus have reached a place of safety. The driver of a vehicle

approaching an intersection at which a school bus is stopped shall stop his vehicle at that intersection until the flashing red signal lights are no longer actuated.

(g) EXCEPTIONS FROM STOPPING REQUIREMENTS – The driver of a vehicle upon a highway or trafficway with separate roadways need not stop upon meeting or passing a school bus with actuated red signal lights which is on a different roadway.

(j) PENALTY – A person who violates subsection (a) commits a summary offense and shall, upon conviction, be sentenced to pay a fine of \$ 250 AND receive 5 points on their license.

3365. Special speed limitations.

(b) SCHOOL ZONES – When passing through a school zone as defined and established under regulations of the department, no person shall drive a vehicle at a speed greater than 15 miles per hour. An official traffic-control device shall indicate the beginning and end of each school zone to traffic approaching in each direction. Establishment of a school zone, including its location and hours of operation, shall be approved by the department.

(d) PENALTY –

i) For a violation of subsection (b), a fine of not more than \$ 500 if the person exceeds the maximum speed limit by more than 11 miles per hour AND receive 5 points on their license. ★

"Part of Our Community" highlights local businesses, organizations, and people who make a difference in the community. To submit ideas for future columns, please email Newsletter Editor Ken Lehr at klehr@westgoshen.org.



Part of Our Community

Mental illness is at its roots a physical ailment. However, unlike most other illnesses, people suffering from mental health issues also must deal with other problems resulting from their affliction, ranging from how their illness affects their ability to work or maintain a decent standard of living to coping with the stigma posed by how society reacts to people with mental illness.

Horizon House in West Goshen Township advocates for people with mental illness, and provides comprehensive, person-centered services to individuals in an atmosphere fostering dignity and respect.

Horizon House was founded in Philadelphia in 1952 by a group of Quakers as a support group for former mental hospital patients. Over the past 58 years, Horizon House has grown to include services in Philadelphia, Bucks, Delaware, Montgomery, and Chester Counties, as well as in Delaware.

Since 2008, Horizon House has had a location in West Goshen Township at 825 Paoli Pike. Clients, typically referred by mental health service providers or hospitals, can participate in the Community Crossroads Peer Support Center. The center is staffed by people recovering from mental illness and offers support groups in areas such as depression and bipolar disorders, mental illness and substance abuse, and recovery from mental illness. Participants can join sessions in topics such as relaxation and entertainment, creative arts, wellness and life management, and recovery skills. Community Crossroads also

hosts social events on Friday evenings, often culturally or historically themed. In addition to support groups, individuals can receive one-on-one mentoring from people who have been involved in the center.

Christine Holst has worked at Horizon House for the past two years as a Program Assistant with Community Crossroads.



"I'm very excited because Community Crossroads has a lot to offer for people being motivated in their recovery journey," Holst said. "We're strong proponents for breaking the cycle of stigma. Mental illness is treatable."

Horizon House also offers housing services through its Community Residential Rehabilitation Program. Horizon House maintains houses in Phoenixville and Chester Springs where 24-hour staff partner with residents to promote the development of independent living skills. Referrals to the Community Residential Rehabilitation Program must be made through the Chester County Office of Mental Health and Intellectual and Developmental Disabilities.

In August 2010, Horizon House's Chester County Services office launched CommonGround, a web-based resource that encourages shared decision making between individuals, psychiatrists, and treatment team professionals. The program was

developed by a team of mental health professionals headed by Pat Deegan, PhD, in an effort to help mental health care recipients to formulate recovery goals, identify activities to promote wellness, and better express needs, wishes, and concerns to members of a treatment team.

Horizon House's West Goshen location also houses offices for The National Alliance on Mental Illness of Chester County, Compeer Chester County, and the Community Support Program. These organizations offer a variety of services and advocacy for people with mental illness and their families.

Horizon House is a private nonprofit organization. Funding is provided by grants, individual donations, and the Chester County Office of Mental Health and Intellectual and Developmental Disabilities. Recipients of Horizon House services in West Goshen must be at least 18 years old and must reside in Chester County. According to Andrew Henderson, Director of Horizon House Chester County Services, the West Goshen location provides mental health services to 30 to 35 individuals daily.

Christine Holst points out that many of their service recipients appreciate the supportive atmosphere at Horizon House.

"We've had people who moved out west who still call us because they want to check in and feel that support. People who drop in after a long time away, we welcome them back like they've never been away."

For more information about Horizon House, visit www.hhinc.org or call 610-918-4907. ★

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Township Newsletter • Volume 20 No. 1
Summer 2010

1025 Paoli Pike
West Chester, PA 19380
Mondays - Thursdays
7:00 AM - 5:00 PM
610.696.5266
(fax) 610.429.0616
twp@westgoshen.org
www.westgoshen.org

Presort Std.
U.S. Postage PAID
West Chester, PA
Permit #79

TOWNSHIP HOLIDAY

Township offices will be closed on Monday, September 6th in observance of Labor Day. Trash will be collected on Tuesday, September 7th and Friday, September 10th that week.

INSIDE THIS ISSUE:

West Goshen Township Goes Greener	1
A Green Idea: Beating the Ice	1
Subdivision and Land Development Report	2
Safety Tips from Fire Marshal Andrea Testa	3
Now is the Time to Renovate Your Lawn	3
Public Township Meetings	3
Volunteer Opportunities	3
Roonie Says	4
A Harvest Day Primer	4
Visit New York City this Fall	5
Help Put Together the Fall Movie Schedule	5
Save Energy and Money by Making Your Home Greener	6
Road Rules: Back to School	6
Part of Our Community: Horizon House	7

The West Goshen Resident Art Exhibit: Highlight of the West Goshen Arts Calendar

The West Goshen Resident Art Exhibit, the highlight of the West Goshen art calendar, returns to the West Goshen Township Administration Building (Paoli Pike and N. Five Points Road) in September and October 2010.

This eleventh annual display features the works of amateur and professional artists living right here in West Goshen Township including paintings, photographs, sculptures, wood carvings, quilts, needlepoints, and other works of art. All residents of the Township are welcome to participate regardless of age or level of art education.

Anyone interested in participating in the exhibit may submit an original work of art (which has

not previously been exhibited in the Township Administration Building) with an entry form by Monday, August 30th at 3:00 PM. Exhibit rules and entry forms are available online at the West Goshen Township website at www.westgoshen.org/News/Resident_Exhibit/resident_exhibit.html or by calling the Park and Recreation Department at 610-696-5266.

West Goshen Township will host a public reception to meet the artists on Wednesday, September 22nd between 7:00 and 8:00 PM. Visitors are welcome to the reception, or to observe the artwork on Mondays through Thursdays from 7:00 AM until 5:00 PM. ★